

CV REGIONAL DISTRICT

For more information on these & other CV Regional District programs go to pages 2 - 28

- Drop by the Free New Year's Eve Family Swim & Skate on Saturday, December 31 from 5-8 pm.
- Check out the Fanny Bay Community Hall Playground.
- Visit the Sports Centre on Family Day, Monday, February 20 from 1-3 pm for a FREE Skate and from 1-5 pm for a FREE Swim.
- Enjoy birdwatching in one of the many CVRD parks.
- Use your LEAP Pass for a free swim or skate.



250-334-9622
comoxvalleyrd.ca/rec

COURTENAY RECREATION

For more information on these & other Courtenay Recreation programs go to pages 29 - 86

- Open Gym times - call to see if space available
- Family Day at The LINC & Lewis Centre Monday February 20
Lewis Centre 10:00 am - 4:00 pm Fitness, Arts & Crafts and Games
The LINC 11:00 am - 2:00 pm FREE Family Drop-in
- Work out at Courtenay Riverside Fit Park
- Skateboard at the Courtenay Comox Skatepark or The Lewis Park Skatepark
- Shoot some hoops at The LINC's outdoor basketball court



CITY OF
COURTENAY
Recreation
250-338-5371
250-338-1000
courtenay.ca/rec

COMOX RECREATION

For more information on these & other Comox Recreation programs go to pages 87 - 116

- Play a round of disc golf at Village Park (borrow discs for free at the Community Centre)
- Play tennis at Noel Ave. or Anderton Rd. Courts
- Play pickleball at Highland Field Courts
- Check out the Marina Park playground and seasonal splash park
- Look for our recreation guide programs tagged with the blue "FREE" icon such as Youth and Family Open Gym



TOWN OF COMOX
250-339-2255
comox.ca/rec

CUMBERLAND RECREATION

For more information on these & other Cumberland Recreation programs go to pages 117 - 122

Parent & Tot Playtime (0 - 6 yrs with adult) Meet new friends and enjoy some fun, unstructured and self-supervised play with climbers, ride-on toys and more. Tuesdays & Thursdays, 10:30 am - 12:00 pm, Cumberland Recreation Centre gymnasium

Comox Valley Seniors' Resource Expo - Come and discover the many services and supports available to seniors in our area through trade show style displays and special guest speakers. Saturday, February 25, 10am - 2pm, Cumberland Cultural Centre



250-336-2231
cumberland.ca/rec