



**Courtenay
Recreation**

Adventure Camp (July 7 – July 11)

Each day please bring:

- Lunch & snacks
- Lots of water
- Change of clothes (incase wet/messy)
- Please don't bring:
- Money or valuables
- Electronics
- Nut products

Camp Leaders:

- Jocelyn
- Markus

Week 2	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
9:00 am	Sign In Volleyball Courts	Sign In Volleyball Courts	Sign In Volleyball Courts	Sign In Volleyball Courts	Sign In Volleyball Courts
9:15 am	Welcome to Camp	Ice breakers Transit Comox Tennis Courts and Playground	Orienteering	DIY Archery Targets	Field Games
10:30 am	Deep Bay Marine Field Tour Lunch	Snack	Air Force Museum Tour 19 Wing Playground	Snack	North Island Wildlife Recovery Centre Tour Lunch
11:00 am		Intro to Tennis		Archery	
12:30 pm		Lunch		Lunch	
1:00 pm	Parksville Parksville Beach, Playground & Splash Park	Comox Marina and Splash Park	Swimming 19 Wing Pool	Splash Park & Swimming Outdoor Pool	Cumberland China Bowls Hike
2:30 pm		Field Games and Splash Park	Cont.		
3:15 pm	Return to Lewis	Transit back to Lewis	Return to Lewis	Circle Games	Return to Lewis
4:00 pm	Sign Out Volleyball Courts	Sign Out Volleyball Courts	Sign Out Volleyball Courts	Sign Out Volleyball Courts	Sign Out Volleyball Courts