



**Courtenay
Recreation**

Basketball Camp (July 14 – 18)

Each day please bring:

- Lunch & snacks
- Lots of water
- Change of clothes (incase wet/messy)

Please don't bring:

- Money or valuables
- Electronics
- Nut products

Camp Leaders:

- Jocelyn
- Grady
- Caelan

Week 3	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
9:00 am	Sign In MP Hall	Sign In MP Hall	Sign In MP Hall	Sign In MP Hall	Sign In MP Hall
9:15 am	Welcome to Camp Icebreakers Name Games	Ice breakers Walk to LINC	Gym Games	Team Games Walk to LINC	Tournament Morning 5 v 5 Game
10:30 am	Snack	Snack	Snack	Snack	Snack
11:00 am	Intro to Basketball Skill Basics	Horse 21 Bump	Field games & Ultimate Frisbee	Grady's Great Games Galore	Leaders v Campers Basketball Game
12:30 pm	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 pm	Passing and Shooting Games	Team Building	Splash Park & Outdoor pool	Field Games & Soccer	Splash Park & Outdoor pool
2:30 pm	Drills	Total Basketball		Caelan's Captivating Game	
3:15 pm	4 v 4 Mini Game	3 v 3 Mini Game	4 v 4 Mini Games	3 v 3 Royal Court	Sundae Bar
4:00 pm	Sign Out MP Hall	Sign Out MP Hall	Sign Out MP Hall	Sign Out MP Hall	Sign Out MP Hall