

COURTENAY RECREATION

For more information on these & other Courtenay Recreation programs go to pages 2 - 55

Open Swim (outdoor pool)

Friday July 1, Canada Day &
Monday August 1, BC Day
Free Fridays July 15 & August 19
1:30 - 4:30 pm *Free Open Swim only*

Wading Pool

opens June 20 (*Call to confirm*)
Monday - Friday, 11:00 am - 4:30 pm
Saturday & Sunday, 12:00 - 4:30 pm
Stat holidays, 1:30 - 4:30 pm

Leaders in the Park (all ages)

Thursdays, 9:30 - 11:30 am

Fun Fridays @ The LINC

(11 - 18 years) Fridays, 5:30 - 9:30 pm

Haunted House Planning Party

(8 years & over)
Wednesday August 24, 4:30 - 6:00 pm

Curious Crawlers (0 - 18 months)

Wednesdays, July 6 - August 31, 9:30 - 10:30 am

Wobbly Walkers (6 months - 2 years)

Wednesdays, July 6 - August 31, 10:30 - 11:30 am

Parent & Tot Playtime (0 - 6 years)

Tues & Thurs, July 5 - Sept 1, 12:30 - 1:30 pm



CITY OF
COURTENAY
Recreation
250-338-5371
250-338-1000
courtenay.ca/rec

COMOX RECREATION

For more information on these & other Comox Recreation programs go to pages 56 - 83

Music In Park

Local musicians perform free
outdoor concerts.

July 3 & September 4

Community Centre - 1:00 pm or
Marina Park - 3:30 pm & 5:00 pm

Disc Golf

Discs free to rent at the
Community Centre;
course across the street.

FAMILY AND YOUTH ACTIVITIES

Table Tennis Tuesday Socials

Tuesdays, 6:30 - 8:30 pm, July 5 - Aug 30

Youth Open Gym

Mon/Tues/Wed/Fri, 3:00 - 4:30 pm,
July 4 - September 2

Friday Night Youth Basketball

Fridays, 6:30 - 9:00 pm, July 8 - Sep 2

Youth Video Game Afternoon

Fridays, 3:30 - 5:00 pm, July 8 - Sep 2

Family Squash/Racquetball

Sundays, 8:00 - 11:30 am, July 9 - Sep 3

Meet the Summer Babysitters

Friday, 5:00 - 6:00 pm, July 8



250-339-2255
comox.ca/rec

CV REGIONAL DISTRICT

For more information on these & other CV Regional District programs go to pages 84 - 108

PLEC Time (Ages 0-6 + Adult)

Play, Learn, Experience & Connect.
This is a great new free drop-in
program that will provide connections
for both you and your child.
Tuesdays from 9:00 - 10:30 am
at Huband Elementary,
Wednesday from 9:30 - 11:00 am
at Dove Creek Hall
Until June 15, FREE

Family Trails

This is a great opportunity for your
children to be active in the outdoors
and meet new friends.
Meet MONDAYS at 10:00 am:
May 16/22 Foden Park
May 30/22 Goose Spit Park

Free Naturalist Guided Park Walks

Shoreline & Shells
Saturday May 14, 2022,
10:00 - 12:30 pm,
Ships Point



250-334-9622
comoxvalleyrd.ca/rec