



**Courtenay
Recreation**

Each day please bring:

- Lunch & snacks
- Lots of water
- Change of clothes (incase wet/messy)

Please don't bring:

- Money or valuables
- Electronics
- Nut products

Camp Leaders:

- Livea
- Morgan
- Brooke
- Caelan

Soccer Skillz (July 7-11)

Week 2	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
9:00 am	Sign In Totem Poles	Sign In Totem Poles	Sign In Totem Poles	Sign In Totem Poles	Sign In Totem Poles
9:15 am	Welcome to Camp Icebreakers Name Games	Dribbling Drills	Passing Drills	Shooting Drills	Flags
10:30 am	Snack & Sunscreen	Snack & Sunscreen	Snack & Sunscreen	Snack & Sunscreen	Snack & Sunscreen
11:00 am	Soccer Intro, Rules, Demos	Mini Matches	Medal Craft	Soccer Scrimmage	Mini World Cup
12:30 pm	Lunch & Sunscreen	Lunch & Sunscreen	Lunch & Sunscreen	Lunch & Sunscreen	Lunch & Sunscreen
1:00 pm	Circle Games	Rhythm Master	Outdoor Pool	Mafia	Outdoor Pool
2:00 pm	Waterpark & Field Games	Snack		Snack	
3:00 pm		Soccer Challenges - Dribble Relay		Soccer Octopus California Kickball	
4:00 pm	Sign Out Totem Poles	Sign Out Totem Poles	Sign Out Totem Poles	Sign Out Totem Poles	Sign Out Totem Poles