



Courtenay Recreation

Each day please bring:

- Lunch & snacks
- Lots of water
- Change of clothes (incase wet/messy)

Please don't bring:

- Money or valuables
- Electronics
- Nut products

Camp Leaders:

- Ikhide & Amelia

Basketball Skills & Games (Aug 24-28)

Week	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 am	Sign In LINC Outdoor Court	Sign In LINC Outdoor Court	Sign In LINC Outdoor Court	Sign In LINC Outdoor Court	Sign In LINC Outdoor Court
9:15 am	Welcome to Camp	Warm Up Game	Warm Up Game	Warm Up Game	Warm Up Game
9:30 am	Bump	Keep Away Games	Around the World	Cone Knock Down	Horse
10:00 am	Water Break	Water Break	Water Break	Water Break	Water Break
10:30 am	Relay Race	King of the Court	Numbers	Dribble Freeze Tag	Asteroids
11:00 am	Scrimmage	Scrimmage	Scrimmage	Scrimmage	Scrimmage
11:30 am					
11:45 am					
12:00	Sign Out LINC Outdoor Court	Sign Out LINC Outdoor Court	Sign Out LINC Outdoor Court	Sign Out LINC Outdoor Court	Sign Out LINC Outdoor Court