



Courtenay Recreation

Each day please bring:

- Lunch & snacks
- Lots of water
- Change of clothes (incase wet/messy)

Please don't bring:

- Money or valuables
- Electronics
- Nut products

Camp Leaders:

- Charlotte

Chopped (Aug 4 – 7)

Week	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 am	NO CAMP BC DAY 	Sign In LINC	Sign In LINC	Sign In LINC	Sign In LINC
9:30 am		Welcome to Camp	Mystery Box #2	Walk to Lake Trail	Mystery Box Lush Valley
10:00 am		LINC Kitchen Scavenger Hunt		Lake Trail Community Garden and Kitchen	
10:30 am		Knife and Kitchen Safety			
11:00 am		Mystery Box #1	Food Plating Challenge		
11:30 am			Mystery Box #3	Surprise Team Challenge	
12:00 pm					
12:30 pm		Judging and Taste Testing	Judging and Taste Testing	Walk back to LINC	Clean-up & Awards
1:00 pm		Sign Out LINC	Sign Out LINC	Sign Out LINC	Sign Out LINC