

COZY CORNER preschool

June News



Dear Parents and Guardians,

This month we will be exploring the outdoors by discovering the different green spaces around the Lewis Centre! With the warmer weather we are spending more time exploring outside. We want to remind families to put on your child's sunscreen before class. Bring a labelled hat and have your child wear appropriate footwear (no flip flops please).

On **Thursday June 25 & Friday June 26 - Everything Summer Day**

Celebrate the end of the preschool year with our "Everything Summer Day!" Children will enjoy fun summer-themed activities, water play, outdoor games and sunshine filled adventures with their friends. Please send your child with a change of clothes as we may get wet and messy while having fun!

We have been noticing lots of BIG FEELINGS within the children, which is typical with any awaited change (end of preschool year, Kindergarten transition etc).

For the next few weeks, we will be emphasizing the following topics:

- 1) **Understanding Big Feelings:** recognize and name their emotions; it's the first step in learning how to manage them
- 2) **Calming Our Bodies:** practicing calming strategies like deep breathing, count to 5, using quiet spaces
- 3) **Kind words, Kind Hands:** encouraging gentle interactions
- 4) **Working through Conflict:** learning to solve problems together by use of our words
- 5) **Celebrating Positive Choices:** praising positive behaviours like sharing, helping friends and taking turns
- 6) **Emotions Check-Ins:** Taking time to check in on how we're feeling. Using visuals and simple questions, will help children learn to reflect and build awareness of the inner world.

SEPTEMBER 2026

For those whose children are returning we ask you to pay the \$50 annual registration fee before June 30 to secure your space. If the fee is not paid, we will offer your spot to the next child on the waitlist.

Dates to Remember:
Father's Day - June 21

Last Day of Classes:
June 25 - Tues/ Thurs classes
June 26 - M/W/F classes

We would like to thank you for allowing us to learn and grow with your children. It has been an amazing year with many memories to cherish.

Many thanks,
Cozy Corner Preschool Team



**Courtenay
Recreation**

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