



**Courtenay
Recreation**

Each day please bring:

- Lunch & snacks
- Lots of water
- Change of clothes (incase wet/messy)

Please don't bring:

- Money or valuables
- Electronics
- Nut products

Camp Leaders:

- Trista & Clark

Quest (Aug 4 – 7)

Week	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 am	NO CAMP BC DAY 	Sign In Lewis Totem Poles	Sign In Lewis Totem Poles	Sign In Lewis Totem Poles	Sign In Lewis Totem Poles
9:15 am		Welcome to Camp	Camp Games	Camp Games	Camp Games
10:00 am		Snack	Bus to Miracle Beach	Snack	Snack
		Nature Walk @ Simms Park	Snack	DIY Birdfeeders	Obstacle Course
11:00 am		Salt Dough Imprints	Crab Hunt	Graham Cracker Castles	Make Your Own Bouncy Balls
12:00 pm		Lunch	Lunch	Lunch	Lunch
		Circle Games	Ocean Swimming	Field Games	Field Games
1:00 pm		1:30 – 3:00 Pool		1:30 – 3:00 Pool	1:30 – 3:00 Pool
2:00 pm		Category Game	Bus to Lewis Centre		
3:00 pm					
4:00 pm		Sign Out Lewis Totem Poles	Sign Out Lewis Totem Poles	Sign Out Lewis Totem Poles	Sign Out Lewis Totem Poles