

COZY CORNER preschool

September News

WELCOME!

A warm welcome to Cozy Corner Preschool. Our program runs from September to June. Within this time be prepared for a fun filled preschool year full of learning through play and building friendships.

The children will learn about themselves and their friends. They will learn our classroom routine through play and socializing with peers. We work on developing friendships that will last throughout the school year, and hopefully, carry on throughout life.

Daily Schedule

Discovery Time: The children move freely about preschool making their own choices of materials and friends to play with. An art activity is offered during this time and many hands on learning opportunities will be provided.

Tidy Up: We sing while working together to put our toys away.

Snack: Each family is responsible for providing their own snack

Circle Time: A time for singing songs, playing games and reading stories in a small group setting.

Outside Time: Our time spent outside will be increased each day. We will spend time exploring nature as we discover the surroundings. We will take time to smell the flowers on a walk or in our play space for some large movements.

Supplies needed to start preschool:

- Back pack
- Change of clothes
- Appropriate outdoor clothing/footwear, sunscreen (as needed)
- Water Bottle
- Snack: pre-cut portions, easy access containers (nut-free)

Preschool Fees:

Preschool fees are the same every month throughout the year and will be invoiced at the beginning of the month prior, as all fees are due on or before the first of each month. Payments can be made over the phone, please call 250-338-5371 or in person at the front office, or online.

Many thanks,
Cozy Corner Team



**Courtenay
Recreation**

Lewis Centre 250-338-5371
389 Old Island Highway, Courtenay
www.courtenay.ca/cozycorner

Tips for Parents Dealing with Separation Anxiety

- Don't minimize the importance of easing your fears as well as your child's. If you feel guilty or worried about leaving her/him at school, your child will probably sense that. The calmer and more assured you are, the more confident your child will be.
- Think of preschool as a life lesson. Preschool is an opportunity to learn how to work through their feelings and gain independence.
- Resist surprise visits once you've left your child, resist the temptation to go back and check on them.
- Have patience with your preschooler. A complete and successful transition into preschool can take months

Books to help ease separation anxiety:

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| • The Kissing Hand | by Audrey Penn |
| • When I Miss You | by Comelia Maude Spelman |
| • Love You All Day Long | by Francesca Rusackas. |
| • Oh My Baby, Little One | by Kathi Appelt. |
| • The Invisible String | by Patrice Karst. |
| • That's Me Loving You | by Amy Krouse Rosenthal |
| • Wemberly Worried | by Kevin Henkes |

