



**Courtenay
Recreation**

SK8 Like a Girl (Aug 4 – 7)

Each day please bring:

- Lunch & snacks
- Lots of water
- Change of clothes (incase wet/messy)

Please don't bring:

- Money or valuables
- Electronics
- Nut products

Camp Leaders:

- Charlie

Week	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 am	NO CAMP BC DAY 	Sign In LINC Outdoor Court	Sign In LINC Outdoor Court	Sign In LINC Outdoor Court	Sign In LINC Outdoor Court
9:15 am		Welcome to Camp	Take Apart Skate	Blind Portraits	Bus to Airpark
10:00 am		Snack	Bus to Isfeld	Leave for MARS	Skate @ Airpark
		Skate Skills	Snack	MARS Tour	
11:00 am		Hydro Dip Paintings Skating in the Bowl	Skate @ Isfeld Bowl		Free Time @ Rotary Airpark Playground
12:00 pm		Lunch	Bus to LINC	Lunch	Bus to LINC
		Blind Maze	Lunch	Miracle Beach Mini Golf	Lunch
1:00 pm		Skateboarding	Yoga		Guided Imagery
2:00 pm		Salad Bowls & Bedazzling Kit	1:30 – 3:00 Pool	Bus to LINC	1:30 – 3:00 Pool
		Balloon Challenge		Skateboarding	
3:00 pm			Scrunchy Rainbow Looms		Frozen Treats!
4:00 pm			Sign Out LINC Outdoor Court	Sign Out LINC Outdoor Court	Sign Out LINC Outdoor Court