

# Adapted Programs

for Youth & Adults with Diverse Abilities



## Summer 2026 Newsletter



### Adapted Petals & Paint Event

(16 years & over)

Get ready to paint, plant & play! Participants will splash some colour onto a flowerpot, then tuck a little plant inside to grow and thrive.

**#18959** Monday July 13  
10-11:30 a.m.  
Lewis Tsolum Building  
\$10 *pre-registration required*



### Adapted Beach Bash Boogie

(16 years & over)

Grab your flip-flops and bring the energy! The Beach Bash Boogie is a lively summer dance packed with great music, and big smiles.

**#18838** Monday July 20  
1-2:30 p.m.  
Vern Nichols Gym  
\$5



### Espresso-Yourself

(16 years & over)

Get together to enjoy a good cup of coffee or tea with friends. There will be opportunities to connect with new friends and build connections within the Comox Valley. **No session July 21 & August 4.**

**#18851** Tuesdays  
July 7 - August 25  
9-10 a.m.  
Lewis Tsolum Building  
\$30/6 or  
\$5/Drop-in



Registration for Summer  
Adapted Programs  
starts Monday April 27 at  
7:15 a.m.

### Adapted Talent Show & Picnic

(16 years & over)

Have a hidden talent that should be shared? A great singing voice or a magic trick? Sign up to perform and support all of our pals.

**#18852** Monday July 27  
1-2:30 p.m.  
Lewis Outdoor Stage  
\$5



### Adapted Sunny Days Bingo

(18 years & over)

Grab your sunscreen, hat and sunglasses and get ready for some fun in the sun! Join us for a spirited game of BINGO, a universal favorite that's exciting and easy to play. Prizes for everyone!

**#18839** Monday August 17  
10-11:30 a.m.  
Lewis Outdoor Stage  
\$5



### Adapted Ice Cream Sundae Social

(16 years & over)

Build it. Top it. Love it. Our Make-It-Yourself Ice Cream Sundae Social is serving up sweet treats, endless toppings, and good vibes. Pre-registration required.

**#18971** Monday August 31  
1-2 p.m.  
Lewis Craft Room A  
\$5



All Adapted Programs  
Proudly Sponsored by:



**Courtenay  
Recreation**

### Adapted Programs

Lewis Centre, 489 Old Island Hwy Courtenay, BC V9N 3P5  
phone: 250-338-5371 [courtenay.ca/adapted](http://courtenay.ca/adapted)

# Adapted Summer Camps

## Odyssey Junior

(6-10 years)

This camp is specifically for children with support needs and diverse abilities, where we craft and play in a supportive environment. The Odyssey Junior crew will take part in all sorts of summer activities - interactive games, crafts, swimming and much more!

Monday - Friday

9 a.m. - 3 p.m.

#18829 July 6 - 10

Lewis Craft Room B

#18837 August 10 - 14

LINC Multipurpose Room

\$120/5

Registration cannot be competed until the intake process is finished. To schedule an intake appointment, please email [amerlo@courtenay.ca](mailto:amerlo@courtenay.ca) or call 250-218-3117

## Teen Odyssey

(11-20 years)

Teen Odyssey is back and better than ever! This camp is specifically for teens with support needs and diverse abilities and is a place where they can get the chance to explore new activities, learn new skills, meet friends, and have tons of fun, all while in a supportive environment. The Teen Odyssey crew will take part in all sorts of summer activities - interactive games, crafts, beach days, out trips, swimming and much more!

Monday - Friday

9-3 p.m.

LINC MP Room

#18830 July 13 - 17

#18831 July 20 - 24

#18957 August 17 - 21

\$120/5

#18835 Tuesday - Friday

August 4 - 7

\$100/4



## Building Friendships

(18 years & over)

The Building Friendship Program invites you to come and play pool, foos ball, board games, make crafts or just hang out. Everyone is welcome! For more info., please call and ask for Building Friendships (250) 338-5371. **No program in August.**

Mondays  
2:30-5 p.m.

The LINC Youth Centre,  
300 Old Island Hwy.  
FREE

## Families Providing Their Own Support Worker

Families who plan to bring a personal support worker are asked to notify the Adapted & Inclusive Program Supervisor before the first day of camp. Additional documentation will be required.

## Leisure Buddies

A Leisure Buddy is a one-on-one friend who helps participants join in, have fun, and feel included during recreation programs. Whether a child needs support with physical, cognitive, behavioural or developmental challenges, their Leisure buddy is there to encourage them and cheer them on every step of the way! Once a quick intake is completed, your child will be thoughtfully matched with the best possible Leisure Buddy to support their needs and interests.

## CYSN MCFD Referral

If you have a referral letter for support from MCFD, please contact our Summer Inclusion Coordinator at [Inclusion.Coordinator@courtenay.ca](mailto:Inclusion.Coordinator@courtenay.ca) to schedule your intake.

