

Adapted Programs

for Youth & Adults with Diverse Abilities



Summer 2026 Newsletter



Adapted Petals & Paint Event



(16 years & over)

Get ready to paint, plant & play! Participants will splash some colour onto a flowerpot, then tuck a little plant inside to grow and thrive.

#18959 Monday July 13
10-11:30 a.m.
Lewis Tsolum Building
\$10 pre-registration required

Adapted Beach Bash Boogie



(16 years & over)

Grab your flip-flops and bring the energy! The Beach Bash Boogie is a lively summer dance packed with great music, and big smiles.

#18838 Monday July 20
1-2:30 p.m.
Vern Nichols Gym
\$5

Espresso-Yourself



(16 years & over)

Get together to enjoy a good cup of coffee or tea with friends. There will be opportunities to connect with new friends and build connections within the Comox Valley. **No session July 21 & August 4.**

#18851 Tuesdays
July 7 - August 25
10:30-11:30 a.m.
LINC Youth Centre
\$30/6 or
\$5/Drop-in

**Registration for Summer
Adapted Programs
starts Monday April 27 at
7:15 a.m.**

Adapted Talent Show & Picnic



(16 years & over)

Have a hidden talent that should be shared? A great singing voice or a magic trick? Sign up to perform and support all of our pals.

#18852 Monday July 27
1-2:30 p.m.
Lewis Outdoor Stage
\$5

Adapted Sunny Days Bingo



(18 years & over)

Grab your sunscreen, hat and sunglasses and get ready for some fun in the sun! Join us for a spirited game of BINGO, a universal favorite that's exciting and easy to play. Prizes for everyone!

#18839 Monday August 17
10-11:30 a.m.
Lewis Outdoor Stage
\$5

Adapted Ice Cream Sundae Social



(16 years & over)

Build it. Top it. Love it. Our Make-It-Yourself Ice Cream Sundae Social is serving up sweet treats, endless toppings, and good vibes. Pre-registration required.

#18971 Monday August 31
1-2 p.m.
Lewis Craft Room A
\$5

*All Adapted Programs
Proudly Sponsored by:*



**Courtenay
Recreation**

Adapted Programs

Lewis Centre, 489 Old Island Hwy Courtenay, BC V9N 3P5
phone: 250-338-5371 courtenay.ca/adapted

Adapted Summer Camps

Odyssey Junior

(6-10 years)

This camp is specifically for children with support needs and diverse abilities, where we craft and play in a supportive environment. The Odyssey Junior crew will take part in all sorts of summer activities - interactive games, crafts, swimming and much more!

Monday - Friday

9 a.m. - 3 p.m.

#18829 July 6 - 10

Lewis Craft Room B

#18837 August 10 - 14

LINC Multipurpose Room

\$120/5

Registration cannot be completed until the intake process is finished. To schedule an intake appointment, please email amerlo@courtenay.ca or call 250-218-3117

Teen Odyssey

(11-20 years)

Teen Odyssey is back and better than ever! This camp is specifically for teens with support needs and diverse abilities and is a place where they can get the chance to explore new activities, learn new skills, meet friends, and have tons of fun, all while in a supportive environment. The Teen Odyssey crew will take part in all sorts of summer activities - interactive games, crafts, beach days, out trips, swimming and much more!

Monday - Friday

9-3 p.m.

LINC MP Room

#18830 July 13 - 17

#18831 July 20 - 24

#18957 August 17 - 21

\$120/5

#18835 Tuesday - Friday

August 4 - 7

\$100/4



Building Friendships

(18 years & over)

The Building Friendship Program invites you to come and play pool, foos ball, board games, make crafts or just hang out. Everyone is welcome! For more info., please call and ask for Building Friendships (250) 338-5371. **No program in August.**

Mondays

2:30-5 p.m.

The LINC Youth Centre,
300 Old Island Hwy.

FREE

Families Providing Their Own Support Worker

Families who plan to bring a personal support worker are asked to notify the Adapted & Inclusive Program Supervisor before the first day of camp. Additional documentation will be required.

Leisure Buddies

A Leisure Buddy is a one-on-one friend who helps participants join in, have fun, and feel included during recreation programs. Whether a child needs support with physical, cognitive, behavioural or developmental challenges, their Leisure buddy is there to encourage them and cheer them on every step of the way! Once a quick intake is completed, your child will be thoughtfully matched with the best possible Leisure Buddy to support their needs and interests.

CYSN MCFD Referral

If you have a referral letter for support from MCFD, please contact our Summer Inclusion Coordinator at Inclusion.Coordinator@courtenay.ca to schedule your intake.

