

Young Adult Club Activities Winter 2026

| Date | Activity | Location | Time | Cost/Notes |
|-------------|--|---|-------------|---|
| January 13 | T-shirt Art | Lewis Centre | 6 - 8 pm | YAC shirts |
| January 20 | Board Games & Karaoke  | Lewis Centre | 6 - 8 pm | |
| January 27 | Swimming  | drop off & pick up Aquatic Centre 377 Lerwick Road | 6:15 - 8 pm | Drop off 6:15 Pick up 8:00 |
| February 3 | Whitespot | Whitespot 2299 Cliffe Ave | 6 - 8 pm | pick up and drop off at Whitespot Bring \$ |
| February 10 | Valentine's cookie Decorating/crafts/Art cards  | Lewis Centre | 6 - 8 pm | |
| February 17 | Walmart/McDonalds  | drop off Walmart doors by clinic | 6 - 8 pm | Bring \$ Pick up at McDonalds in Walmart |
| February 24 | Musical Bingo at Match Eatery | drop off & pick up Match Eatery 361 Hunt Rd | 6 - 8 pm | Bring \$ for your meal |
| March 3 | Movie Theatre 'Goat'  | drop off & pick up Landmark Cinemas 2655 Cliffe Avenue | TBA | Bring \$ for snacks & drinks |
| March 10 | UnBirthday Party /Zumba/Karaoke | Lewis Centre | 6 - 8 pm | |
| March 17 | Potluck  | Lewis Centre | 6 - 8 pm | Decorate cookies. Bring a dish to share. |

Contact Info:

Any questions, please contact Ashley, Adapted & Inclusive Supervisor, at the Lewis Centre 250-338-5371 or by email amerlo@courtenay.ca.

The 'Meeting Spot' on the Calendar is where we will meet each week! Please note all off-site locations will require personal transportation to those sites.

All emergency information (contact numbers, medication, allergies etc) must be up to date in our software upon registration.

Some activities are weather dependent; in the event of bad weather, the YAC group will meet at the Lewis Centre.

Thank you!

Sincerely,
Ashley Merlo
Adapted & Inclusive Supervisor

